



Brisbane
Christian College

Primary Canteen Menu

OPEN MONDAY TO FRIDAY 8.00AM TO 1.30PM
CANTEEN CONVENOR—MS ANNETTE JASTREMSKI
CANTEEN ASSISTANT—MRS SANDRA LAI

The Canteen operates on a paper bag system. Orders for morning tea and lunch need to be in separate paper bags for each child.

On each bag in the middle, please write the student's name, class, morning tea or lunch, and order details with prices. Please enclose the full amount of money in each bag.

Eftpos is available at the Canteen.

Snacks

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|-----------------------|--------|
| FLAVOURED STRAW | \$0.50 |
| CHEESE STICKS | \$1.00 |
| ASSORTED SNACKS | \$1.00 |
| FRUIT CUP | \$1.50 |
| VEGETABLE CUP | \$1.50 |
| SEASONAL FRUIT | \$1.50 |
| YOGHURT | \$2.50 |
| YOGHURT & GRANOLA CUP | \$3.00 |
| CHIPS | \$1.50 |
| SMALL BISCUIT | \$1.80 |
| MUFFIN | \$2.00 |
| GARLIC BREAD | \$2.00 |
| LARGE BISCUIT | \$2.50 |
| BANANA BREAD | \$2.50 |
| CHEESE & CRACKERS | \$2.50 |

Sandwiches

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| VEGEMITE, JAM OR CHEESE | \$2.50 |
| HAM OR CHICKEN | \$4.50 |
| EGG & LETTUCE | \$4.50 |

Weekly Specials

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| MONDAY: HOT DOG | \$2.50 |
| TUESDAY: CHICKEN CRACKLES (5 TEMPURA CHICKEN NUGGETS) | \$3.00 |

Drinks

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|---------------------------------|--------|
| ORIGINAL MILK | \$1.00 |
| SPRING WATER | \$2.00 |
| POPPER—100% JUICE | \$2.00 |
| CLASSIC CHOCOLATE OR STRAWBERRY | \$2.00 |
| BIG M STRAWBERRY OR CHOCOLATE | \$2.50 |
| GLEE SPARKLING JUICE | \$2.50 |

Hot Food

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|--|--------|
| 2 MINI PIES | \$2.00 |
| MINI PIZZA | \$2.50 |
| CHICKEN OR BEEF NOODLES | \$2.50 |
| SAUSAGE ROLL | \$3.00 |
| LASAGNE | \$4.00 |
| SPAGHETTI BOLOGNESE (GF OPTION) | \$4.00 |
| BUTTER CHICKEN (GF) | \$4.00 |
| BEEF PIE | \$4.00 |
| POTATO PIE | \$4.00 |
| CHEESE & SPINACH PIE | \$4.00 |
| VEGETABLE LASAGNE | \$4.00 |
| MACARONI & CHEESE | \$4.00 |
| HAM, CHICKEN OR VEGETABLE SALAD BOX | \$4.50 |

Ice Blocks

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|----------------|--------|
| JUICY | \$0.50 |
| FROZEN YOGHURT | \$2.00 |
| ICY TWIST | \$1.00 |
| VANILLA CUP | \$1.00 |
| CALLIPO | \$1.20 |
| TWIRLY POP | \$1.50 |
| PADDLE POP | \$1.50 |
| CYCLONE | \$2.00 |
| SHAKEY CUP | \$2.00 |

Our Canteen follows the Healthy Options Traffic Light System:

GREEN: Healthiest choices. Excellent sources of important nutrients needed for health and wellbeing. Low in saturated fat, added sugar and salt, and lower in energy density.

AMBER: Mainly processed foods. Some nutritional value but contains moderate levels of saturated fat, added sugar and/or salt. It can be in large serve sizes, contributing to excess energy intake.

RED: Energy dense and nutrient poor foods and drinks that are high in saturated fat, sugar and/or salt. They can contribute to excess energy intake if consumed in large amounts or on a frequent basis.